

# “Emotional Attachment 2.0”

*How To Get A Girl Addicted To You With Covert Psychology Tactics*

By **Derek Rake**

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## The Dangers of Doing It Wrong...

What I am about to share in this report is very powerful stuff. And, it can get out of hand if you're not careful, and if you don't follow the advice provided in this report carefully - including the warnings.

I don't want this stuff to blow up in your face. And, for both of our sakes, I'd like to warn you about some of the dangers you can easily encounter...if you don't do this stuff correctly.

So...before we delve into the subject of "getting her addicted" to you, there are a few things you should be aware of, and *avoid* at all costs.

If you ignore this advice and don't pay attention to these things, there some serious dangers you'll create - and they will haunt you, and negatively affect you, *for the rest of your life*. (That's no joke.)

I'll go over each of these warnings individually...

*Firstly*...in some of my other reports ("[Turn Your Good Girl 'Bad'](#)"..."[Get Your Ex-Girl Back](#)"..."[Master of Female Orgasms](#)" etc.), I briefly talk about why it is extremely important that you *first* choose the **right** woman, before you start playing with these persuasion and psychological tactics.

Honesty with yourself is very important for this. So, if you find that you are with the wrong kind of woman (I will define what that is,) you may want to get my seduction report(s) *first* - and attract the right kind of woman into your life. Then, you can use the tactics in *this* report, when you're ready.

If you are with someone right now, who isn't sexually compatible with you, who doesn't make you happy outside of the bedroom, and especially someone who doesn't respect you much, you will be wasting your time by trying to get her addicted to you.

If you do so, it will only blow up in your face, in the near future. It always does. And you will surely regret it.

See, you can take two chemicals that don't belong together, or those that are highly unstable near each other - sometimes to the point of creating explosive destruction...and you can *try* to store them together, by changing the temperature and/or pressure conditions, or by introducing a third element (liquid, solution, etc.) that could help them be more stable together.

But...eventually, one of those "forced" or manufactured conditions will fail. And when (not if) it does, the damage will almost always be significant....often irreversible.

You do **not** want something like this exploding in your face. Trust me on that.

Oh, it will feel good in the beginning...to have a woman ready and willing to please you at every turn. And, you will even enjoy showing this stuff off to your buddies, and to the public at large.

But, very soon after, you will start noticing what's really happening: her clinging and obsessive personalities developing, her jealousy and paranoia growing, her stalker tendencies arising, her constant calling or texting to find out where you are and when she would be with you again.

Trust me...most guys who have this kind of woman are hating life, and are trying hard to get rid of that woman.

But they can't! Trying to get rid of her does not work. In fact, it gets worse.

Have you seen the movie, "Fatal Attraction?" (If you haven't, I'd suggest you rent it before you start using this stuff on the wrong person.)

Yes, that's the kind of danger I'm talking about. You don't want to have the **wrong** woman become so obsessed with you that she will lie, cheat, steal, even hurt or kill - in order to be with you all the time.

*Secondly*...you also do not want to use this stuff on a person who already has an addictive personality.

Someone who is addicted to food, sugar, wine/alcohol, cigarettes, or the *more* hurtful addictions like sex, drugs, the need to experience certain emotional highs (especially the negative ones like anger, drama, rage, hurt, etc.)...is a very bad candidate for this.

*Lastly*, you've gotta do this for the *right reasons*. Otherwise, as mentioned earlier, this will get old quickly, and you will try to get rid of her after that...without any luck...or you may make it worse.

You shouldn't do this out of spite, for revenge, to help with your insecurity, jealousy, paranoia or anything like that.

This stuff is about creating pleasure - for *both* you and *her*! It is designed to make a healthy relationship incredibly better and more satisfying on many levels.

If the above is not your core intent in wanting to use this technology, you will probably have to deal with some major problems in the near future.

We humans are good at masking our problems/issues or slapping a band-aid over it. That doesn't last for long.

So, take care of any issues that need handling, choose your partner very carefully, and get very clear on why you want to do this.

## **Caging Her...?**

You may have already realized by now, that this report - and the strategies revealed in it - are not about caging or trapping a woman.

In fact, it's about freeing her!

I don't believe in forcing anyone to do or be anything they don't want to. I'm about freeing them, so they can evolve and become better...so they can become more!

This is about helping her get more in touch with her personality, opening her up so she can reach her sexual and erotic peak, and letting her experience her favorite emotions in the most powerful and amazing ways - in ways that she never has before.

And...by liberating and expanding her in this way, she is going reward you in ways that you probably can't even imagine right now.

You will benefit immensely from this - simply by showing her just how much joy, pleasure and fulfillment is possible in her life.

But, don't worry...I will also show you how to use some powerful, and sometimes "sneaky" techniques to get her to...well...become "addicted" to you...(if you decide that "freeing" her is not enough.)

## **Change Is Good...**

I realize that the idea of "liberating" a woman may frighten some guys (probably *most* guys.)

But, let me assure you... letting go of any such insecurities and helping her in such a powerful way will almost "force" her (in a pleasurable, reciprocative and giving way) to reward you in as many ways as she can. Both in and out of the bedroom.

So, yes... that means, she is going to change!

In fact, the *only* way to get her to become more and more drawn to you is to *change* her. You'll have to change who she is right now, how she *currently* responds to you, and even how she views and perceives some parts of her reality (including you.)

After all, that is what you want, isn't it? To change her - and to change how she responds to you? To open up her mind and awareness in interesting and pleasurable ways?

So, don't fear the change - as most guys tend to do. Instead, embrace it! Go along for the ride. Join her in this journey of new adventures and experiences.

Don't be like the majority of guys that try to cage or keep a woman from growing and changing. In fact, not being like most guys will be one more reason she would want to be with *you*, instead of most other guys.

Allow her personality to evolve, grow and become more. Let her blossom into her full erotic potential. Do that and she will reward you in some amazing ways.

## **"Quick Start" Addiction Plan**

The influence and persuasion tools I will share in this report are quite powerful, as mentioned earlier.

However, you must understand that you will need to do your part. You will have to take the time to learn them, to play with and practice them.

Just like any new skill, learning this stuff will take a little time and effort. But, the payoff will be well worth it. Not only will this stuff be helpful in getting her "addicted" to you, it will help you improve many other areas of your (and her) life.

So, before we start learning the above tools, let's discuss the methods that can start the "addiction" process *right now*...while you're learning the other, more advanced stuff.

Going through these "quick start" methods *first* will also prime the pump...it will make your girl even more open and receptive to the persuasion tools that you will use later, i.e. they will work more effectively and powerfully.

## Physical Bliss

The quickest way to get a woman addicted to you is to start giving her mind-blowing orgasms. If you aren't already delivering the goods in the bedroom, it's time to take things up a notch.

If you'd like to learn how to give her some amazing experiences in the bedroom, I recommend that you check out my other reports that specifically cover this area, in a lot more detail.

For now, the fastest way to help her to dramatically improve her orgasms is to...

1. Start by getting her full-body massages. If you're able to do this yourself, give her a nice, long massage before sex. Her body will become a lot more responsive to everything else that you do afterwards, i.e. during sex.

If you don't know much about the right way to massage, find a good masseuse in your (her) area and try to get her in there at least twice per week.

To make the most of it, plan your sexual adventures to occur immediately after her massage sessions.

2. Let her take a nice, long, relaxing bath before sex. Draw the bath for her, especially after she comes in from a long day of work. You will romance the heck out of her, and you will already begin to rack points in the "addiction" department.

(Be sure that you are clean too. Having sex with you after she has just bathed (and you haven't ) may not be the most appealing idea to her.

You can both jump into the shower after sex, for a quick rinse off.

3. After the massage and/or bath, the next way to improve her chances of having more intense orgasms is to turn her on sufficiently. Up to 20 minutes of foreplay will do it. If you can tease her even more, to a point where she's dying to have an orgasm, that will automatically increase her chances (mentally) of having a great orgasm.

4. You can even take things further by teasing and flirting with her all day - by starting hours before you actually have sex with her. Vaguely mention that you have planned a "special" evening for her, without revealing the exact details. Let her mind wander and imagine all kinds of hot, romantic things.

This kind of "all day foreplay" can intensify her eventual pleasure even more. Anticipation can be a powerful aphrodisiac.

All of the above techniques will help her enjoy much better orgasms, when you do finally have sex later that day. (And each intense orgasm will bond her more to you, not just for her future *physical* cravings but emotional ones as well.)

### Emotional Bliss

The next quick and easy way (even easier than giving her intense orgasms) is to...

#### **...Make her feel good about herself.**

Every guy should memorize the above statement...and...they should learn the correct way to use it, to unleash its real power.

See, when most guys read the above phrase, they automatically assume that all they have to do is tell her how pretty she looks, or how smart she is, or that she *will* get that promotion, etc.

And, while all those things are great, the above phrase goes beyond all of that. It touches her in a much deeper place...and therefore, has a much bigger impact on her, and on how she reacts to it.

It's about making her feel good when it really counts.

It's about supporting and encouraging her dreams, aspirations, goals, even her beliefs...and being genuine about it. (If she wants to leave her job one day and follow her passion of becoming an interior decorator, or sculptor, support those dreams. Maybe even surprise her with a book or article on the subject.)

It's about pointing out qualities (physical, mental and emotional) that are unique about her - that make her unique and special...that makes the world lucky to have her in it.

And, it can be something as simple as pointing out the fact that she always stops to give a homeless person some money, or that she always waits to throw trash into a receptacle instead of just throwing it anywhere.

When you do mention these things about her... say something like...

"I just love how you always...."

... and then tell her what you think it is that makes her so special.

Note: Sometimes, we instinctively (or habitually) do things that we don't realize are *good* things - until somebody else notices and points them out.

In addition to making her feel amazing and drawing her closer to you, the above actions will also show her that you care enough to pay attention to her - and to who she really is. And, that will draw her to you even more.

Finally, yes...you also want to hit those other buttons that we touched on earlier...

Make her feel beautiful, attractive, even hot and sexy...about her physical attributes and outer beauty.

Tell her how much she turns you on, or how much you've been thinking about her, etc. Surprise her with a naughty text message....*after* you have told her this stuff in person. (It doesn't have to be the same day.)

And...if she did something pleasurable for you in bed, tell her later (in private) how amazing you thought that was of her to do - and how mind-blowingly pleasurable it was for you.

That's one of the easiest ways to get her to do that for you again - and again.

Note: Some of the tips covered within the few paragraphs above can even be incorporated with the previously mentioned "all day foreplay" technique.

### Envious (And Jealous) Friends

One of the quickest ways to increase your stock value in her eyes is to get her friends to become envious - even a bit jealous - of her, and of her relationship with you.

Almost every woman cares a **lot** about what others think of her, how others see her, who and what others believe her to be, etc.

And, the better she starts to look, in other people's eyes - as a result of having **you** in her life, the better she will feel about herself...and the more she will want you in her life.

One of the best ways to do *that*...is to give her wild, screaming orgasms during sex.

Women can tell when another woman around them has had amazing sex. They can see it in her.

Of course, there's also the fact that she will probably tell (at least) her close friends about the amazing sex you're giving her... not just because she wants to share with them, but also because she *wants* to make them a little jealous and envious.

To help things along, you can even "seed" the idea into her mind. Every time that you make her feeling amazing (both in and out of bed,) you can make an innocent comment, in passing, along the lines of... "Hmm...*I wonder what your friends will think of this...?*"

If nothing else, it will remind her to definitely tell her friends about another amazing experience she had with you.

And, each time that her friends mention how they're envious (or even jealous) of her life - and of her relationship, it will continue to strengthen the connection, attraction and 'need' she has for you.

Because, each of those incidents will make her feel good...boost her ego, self-confidence and self worth...and continue to remind her that **you** are the reason for all those good things that are happening in her life.

Note: Humans, in general, tend to believe in themselves (and love themselves) a *lot* more when *other* people point out the positives in them.

There are many other ways to make her friends (as well as other people around her) to think and say positive things about her...(in addition making her sexually satisfied)...

### Surprise Her

Another very simple and easy way to get her to brag about you - to her friends and family - is to give her little surprises occasionally.



This doesn't have to take a lot of time or even cost you a lot of money. It is more about showing her that you took the initiative, that you were thinking about her. That's what she will see.

It will add a touch of romance, spontaneity, and a little spice to the relationship.

Of course, the classic way to get others envious and jealous of her is to send her flowers at work. (Be sure her work environment and policy is okay with this, first.)

Other simple ways to surprise her is to leave a little note in her bag or purse that she will discover later, when she's at work.

Even something as simple as a romantic email that you send to her work email - after she leaves in the morning - works fine. (If using her work email, keep things clean! Do not get sexual.)

It can be as simple as a one line email saying something like, "Miss you already," ...or... "Can't wait to see you tonight"... etc.

Or... how about a piece of her favorite chocolate, left on top of her pillow at night...or on the edge of the bed after she gets out of the shower.

A romantic dinner waiting for her when she gets home, or (as mentioned earlier) a bath drawn out for her...or even a glass of her favorite wine as soon as she walks through that door - after a hard day's work. All of these are great.

It can be breakfast in bed on a Sunday morning. Even something as simple as orange juice and/or coffee and toast...or even a bowl of her favorite cereal.

As I said, it doesn't take much - and it doesn't have to be something extravagant. Simple, little surprises can go a long way to get her to "crave" having you in her life.

Watch some romantic shows (even comedies) with her. You'll get a lot of ideas from them about more little surprises you can give her.

(That's why women love those "chick flicks." And, it's also why she won't be able to wait to tell her friends about what you did - and how it made her feel.)

### Family Ties

Aside from her friends, what her family thinks of her (and about who she's with, i.e. you) is also very important to her...whether she seems to care about what they say or not.

Almost always, the tiniest negative word or disapproval from her family can hurt her quite a bit.

On the other hand, the more positively her family and relatives respond to her life and choices, including her 'wonderful' relationship with you, the better she will feel...and the better she will make you feel for it.

Her friends may, to some extent, relay the message to her family and relatives about how great you are for her, and how wonderful you make her feel.

However, if you are at the stage in the relationship where you are also meeting, interacting, and/or hanging out with her family and relatives, it is another great opportunity for you to keep that positive momentum going...or get it started from scratch, if needed.

Subtly letting on to her family...about how amazing you think she is, how generous, sweet, genuine, smart, etc. that she is...can go a long way...especially if her relationship with her family isn't the best that it could be right now.

Her parents, especially her father, would be one of your main targets. What her father thinks of her usually means a great deal to a girl...no matter how old she is.

In your comments, you could even add something that conveys what a wonderful job her parents have done in raising such a wonderful daughter.

When you do subtly mention positive things about her, make sure you are coming from a genuine place, or else it will work against you. Pauses are very important, when trying to convey a genuine message.

Example: "Your daughter is... [pause] ... just wonderful. I have never met anyone more (sweeter, kinder, generous, etc.) than her."

You can almost bet that the word will eventually get back to her, about what you said.

Note: Don't say the above things if it isn't the best time. Use your own judgment here.

Example: If it's Thanksgiving dinner and her family happens to be arguing with each other over something, it's probably best to wait for a better time to say what you have to say.

And speaking of arguments...

### She's Right...

Whenever you're around other people...whether it's her friends, family, co-workers, or even if it's *your* friends, family, co-workers, etc... and she happens to be in a debate or argument with another person, you must *always* take *her* side.

It doesn't matter whether you agree with her or not. It doesn't matter whether the argument is over politics, religion, or whatever. You will have to support her and take her side, especially if/when others are ganging up on her.

I can't tell you how often guys screw up here, just because they don't agree with what their girl is saying. And, it costs them big time.

You see, agreeing with her in the above situations isn't necessarily about "agreeing" with her. It's about supporting her. It's about being on her side. It's about "having her back." That's what she hopes her man will do, when others are arguing, or even calling her crazy.

Of course, there are some rare occasions when you will wonder if people will think you are just as crazy as she is for agreeing with what she's saying. In those cases, you can relay the message that "there are no right or wrong answers" ...or... "it's difficult, tricky to say" ...and so on.

Example: Let's say the argument is over a color. Everyone is saying that a particular color is red, and your girl is saying that it's dark pink, or orange or whatever.

Well, you could submit that "the light in this room makes it difficult to decide" ...or something along those lines. You get the idea...

And, of course...when the two of you leave and go home, or are driving home, you can set her straight IF it was a big deal and if she was totally crazy for defending her views. (Most times, you wouldn't do this. But, if it's something that could have made her look stupid or uninformed, it would be in her best interest if you corrected her. But, do that in private!)

She may get mad or upset at you for doing so. But, if she even has half a brain, she will realize what you did. And that is, you took her side *when it mattered*...when she needed you by her side.

Important: Sometimes, in the above situations, the topic of discussion may be something that you don't know about...it may be something important that she may have kept from you...it may even be something that could make the two of you look bad IF others realized that she had not told you about it yet.

In the above situations, it is even more important that you just play along, and take her side. Even if it is something that makes you upset or angry (if she happened to hide it from you so far.)

When you're alone with her, you can get upset and mad if you need to. But, when you're both around other people, just play along and be supportive.

An example of the above situation could be that she was dating (your and her) mutual friend before dating you. But she never mentioned it to you. And, when it did come up in public (especially around her family, who may have known about her relationship already,) it would be to your advantage to pretend that she had already told you about it and that the two of you were past all that.

Handling things in this way will rack major points in your favor. And, if you still decide to continue seeing her ;-) you can bet that she will love, respect, and be attracted to you much more than she did the day before.

### More Respect

Speaking of respect, it's also very important that she respects who you are, as a person.

Earlier on, we already established that she should have some level of respect for you, in order for you to pick her as the one to get addicted to you.

If she doesn't respect you, don't even waste your time with her. Find someone who will...OR...

Become the man that others will respect! That is quite often the problem with guys.

Guys try to pretend to be macho, arrogant and appear to be the "alpha" male when they are clearly not. And, it's usually so transparent that it makes them look pathetic. Yet, most guys have no idea about this.

If her family, friends, and acquaintances see you as a tool, as someone who tries to be cool or macho in front of them, she will eventually lose respect for you. That is, if she had any to begin with.

Also...you could be the kindest, sweetest, most romantic and loving person to *her*... but if you are a jerk to everyone else around you, that is also going to screw you up eventually.

Remember what we talked about earlier. She cares *a whole lot* about what others think of her. By extension, she will care a lot about what others think of the guy she's with. That's **you**.

So, if they see you being a jerk, rude, or mean to others around her - even if you treat her very well, it will be a short-lived relationship.

In that situation, don't even bother trying to get her addicted to you. It won't last.

Instead, start working on *yourself* first. Become the kind of guy that people are drawn to, that almost everybody loves.

It really isn't that difficult to do. Just be respectful of everyone and treat them as you'd like others to treat you. Simple.

### Better Man

While we're on the subject, I'd also like to mention something important here...

You will be doing yourself a huge favor by improving yourself consistently, and becoming a better man.

Yes, it would make you more attractive in the eyes of beautiful women, but you should do it for *yourself* - not just for others.

If you have any of those common issues and problems that most men seem to have - like jealousy, control issues, pettiness, sloppiness, the tendency to be a jerk, etc...it would benefit you greatly to work on fixing those things and becoming a more secure, confident man.

By being a better man yourself, you will also realize that it only makes sense to invest in the *right* woman.

As I've mentioned earlier, there are a lot of damaged women out there, and you should not put your time and energy into trying to get them addicted to you. You'll be wasting your time because it will blow up in your face eventually, anyway.

So, by being a better man, you will make sure that you choose a deserving woman to take this fun, pleasure-filled journey with you. And...you won't mind investing in her - because she'll be worth it.

If you do this the right way, it's a win-win for everybody.

Okay...now that we've gone over some of the easier and quicker ways to start to get her addicted to you, it's time to move on to some of the advanced influence and persuasion tactics...

Let's start this with a bang and talk about how you can get your woman to become...

## **Addicted To Your Voice**

Imagine, if you will, getting a woman to become addicted to your voice...addicted, because every time you talk, it sends waves of pleasure through her body.

Yes, it's possible - and it's been done before. And, I'm about to show you how it's done.

First of all, you should not use your everyday normal voice. It has to be a unique voice.

There are a few very good reasons for this...

1. You don't want her to be turned on every single time that you utter a word. As exciting as that idea may sound to you right now, it's just not practical.

You don't want her to be turned on - and distracted - when she's at work, or when she's driving, or when she's handling sharp objects.

Get it? It's dangerous, and it can get people hurt - especially her.

2. If you use your normal voice to turn her on, it will soon become "normal" for her. Her body and mind will get used to your voice - if she hears it all the time - and especially if there's no other voice to compare it to.

For example, when people have surgery, they are prescribed pain medication to deal with the pain. In the US, the patients are usually given Vicodin after getting their wisdom teeth pulled out.

If the pain happens to continue even after their Vicodin prescription has been used up, the doctor usually prescribes a different drug...even if the Vicodin was effective in managing the patient's pain.

The reason is simple... after a while, the patient's body (and mind) gets used to Vicodin. Thus, it stops responding to it. So, Vicodin becomes ineffective in managing pain, which is why the doctor switches the medication.

Similarly, if the voice you use to turn her on is the only voice that she hears when she's around you, that voice will eventually lose it's effectiveness. Her body and mind will adapt - they will get used to your voice.

So... you shouldn't use your normal speaking voice for this process.

Instead, you can use a "sexy" voice... or just a voice that is deeper, lower, and spoken much slower.

Just think of how you would talk to her, or whisper in her ear, if you were saying something in hopes of turning her on - of getting her aroused.

You may already have a voice like that. If not, practice this voice in private if you need to. And then try it out on her. Get her feedback. If she starts to laugh at your attempt, that's probably not the right voice to use.

Try another voice. Don't over-think this. As I mentioned above, just lower the volume, make it sound deeper...and slow it down so that your words are dragged out a bit more than normal.

Once you've got the voice, and are pretty confident that she will respond well to it, it's time to condition her mind to associate extreme "arousal" and "pleasure" to that voice...

### Voice Activation

The next time that you're having sex with her, wait till she's extremely close to having an orgasm...and at that point, start using your "voice" to say whatever it is you're going to say to her...to get her to have that orgasm.

Continue to pleasure her while you use this "voice"...and keep using the voice as she starts having her orgasm. And... keep using the voice until she's done with her orgasm.

You don't need to have a conversation with her during the above event. You can simply use one or two words...like...

"Yeaahhhh....."

"Feel the pleasure increasing more and more baby.....Yeaaahhh...."

If she's moaning as she nears orgasm, you could even say...

"Oh Yeaahhhh... I love the way you sound...it drives me so crazy.... Yeaahhh..."

As you may have guessed by now, I'm also repeating one word over and over, in between everything else that I'm saying.

In the above case, it's the word, "Yeaahhh..."

As she starts to have an orgasm, you can continue to say that word..."Yeaahhh baby..."

"Yeaahhh...[fill in the blank]..."

Whisper it in her ear - or near it, if possible, during her orgasm.

You can choose any other word too, if you like. You can use a word like..."Pleasure"...or..."Explode"....or whatever you feel is appropriate.

Start to do this every time she has an orgasm...whether you're both in the same room or even if it's over the phone.

In fact, using the above technique over the phone works really well because she will constantly have your voice talking directly into her ear.

After several sessions of doing the above "conditioning" technique, her mind will "associate" that particular voice of yours - and even that particular word - with amazing pleasure, almost to a point that would get her ready for an orgasm.

Now... after you have got your "voice" installed into her brain, you can use it anywhere - anytime - at will.

Each time that you use that voice, in just that unique way, it will instantly get her aroused. It will flood her body with pleasure and good feelings.

How powerful and useful do you think that can be to you? ;-)

Imagine using this "voice" on her while she's giving you a massage...or while she's giving you oral sex...or whatever it is that you would like to enjoy more of...

Instantly, by using that voice, you would associate pleasure - in her mind - to giving you a massage, performing oral sex on you, or whatever it is that she's doing at the time.

Now, imagine talking to her about a subject that gets her frustrated...or something that the two of you tend to fight over.

What would happen if you slipped in the "voice" during the above conversation? You guessed it, she would start to feel "pleasure" during those conversations.

And, she won't even know why she's suddenly feeling so much pleasure.

Can you now see how incredibly powerful this stuff can be? Talk about creating a powerful addiction!

The above technique is not just theory, by the way. Mental conditioning by "association" has been around since the beginning of time.

And, people are being conditioned in this way all their lives. (Just think of that particular song that immediately takes into an emotional state - whether happy or sad. Think of a particular smell that has the power to bring some memories and emotions flooding back.)

Those types of associations get created in our brains randomly. But, now you know how to create them on purpose.

## **Pleasure Triggers**

What you have just done above is created a "pleasure trigger" in her mind - and you programmed your voice (and even a particular word) to be that trigger for her.

There are many other triggers you can create in a similar way. But, a vocal trigger has some unique benefits in these kinds of situations, which is why we started with that.

Important: If you were to now use that "voice" trigger on her during sex, it would make her orgasms even more intense and powerful than before! :-)



Now that you have the basic understanding of how these "pleasure triggers" are created, it's time to take this a step further...

### Emotional Bliss (Advanced)

You can also create pleasure triggers in her mind that get her to feel other peak emotional states: happiness, excitement, passion, motivation, and so on.

If you're smart, you would *first* find out what *her favorite emotions* are - emotions that she likes to experience the most.

The reason you'd want to pick her favorite emotions is simple...

Those are the emotions that *she* wants to feel the *most*. And, if she's like most people on earth, she probably doesn't get to feel those emotions often enough. Life's challenges and problems often force her to feel other emotions - usually negative and painful ones.

So...by creating some pleasure triggers for her to help her feel the emotions that *she wants*, you will...

1. Help her feel more pleasurable emotions a lot more often in her life, and...
2. Make her realize that she feels her favorite emotions most often when she's with **you**.

And there you have it... she will start to become addicted to you because you make her feel amazing.

Isn't that how it's supposed to be? So that both of you can be incredibly happy around each other?

Okay... so how do you find out what her most favorite emotions are?

You can find this out simply by *asking* her the right question...like this one...

"If you were to pick just *one* emotion that you would want to experience the most of, what would it be?"

If she isn't able to pick just one, that's okay. We can use the others as well. If she is able to pick her absolute top emotion...

Then, ask her what her second most favorite emotion is...and then the third. Three emotions is plenty to start with.

Now, it's time to create some more "pleasure triggers" for her.

As mentioned earlier, a "voice" trigger is just one type of trigger. You can have visual triggers (sight,) sensory triggers (touch,) auditory triggers (sound,) and yes even triggers that are associated with taste.

Basically, all your senses can be used to create these triggers.

Let's quickly go over the process of creating a "happiness trigger" for her.

### Happy Trigger

First of all, you will need to get her to feel the feelings of "happiness" - as strongly and fully as possible.

The easiest way to do that is to ask her these questions, in this particular order...

"Do you remember a time in your life when you were extremely happy?"

Most people, especially women, will be able to remember at least one incident from their past where they felt really happy.

But, just in case she can't think of anything, ask her this...

"Okay...what do you think would make you extremely happy in the *future*?"

She may say something like "winning the lottery"...or something more real, like... "knowing that I've made a difference in this world"...and so on.

Next, ask her...

"How does it feel to be that happy? If you were to go to that place right now, what would it feel like?"

If needed, follow up with...

"For example, what kind of thoughts go through your mind...and what do you feel in your body? And what kind of inner dialogue do you have?"

The answers that she gives you here are very important. Listen very carefully to what she says and remember it.

She may say something like... "I feel like every cell in my body comes alive and starts to dance"...etc.

Next, ask her this...

"Wow...that sounds amazing. Now...if you were to associate a color to that feeling and sensation, what would that color be?"

If she thinks of a color, that's great. If she has difficulty coming up with a color, just ask her to "guess" as to what that color "might" look and feel like.

Next, ask her...

"So...what would happen to that color IF you suddenly started to feel even happier?"

She may say something like... "The color would start to swirl and become brighter."

Next, say...

"That sounds wonderful...what if that could start to happen *right now*? What if that color could start to swirl and become brighter...more and more...the more you think about it...right now...?"

The above sequence is a quick - but very powerful - hypnotic pattern that can get her to feel strong emotions very quickly...almost instantly.

At this point, just keep asking her what she's feeling, what she's seeing, what the color is doing, and continue to take her through this process until you've got her entire body immersed in this wonderful swirling, bright color.

Then...(this is a very important step)... take the tips of your thumb and index finger of your right hand, and press the tip of her right thumb with your two fingers.

If needed, you can take her through this "happiness" process a few times. The more times you do, the stronger your trigger will become.

And each time you do, each time that you get her fully immersed in the feelings of "happiness," repeat the same maneuver: press the tip of her thumb with your two fingers. (Always use the same fingers, of the same hand that you used the first time.)

After doing this several times, you would start to create a "happiness trigger" that gets activated every time you press her right thumb with your two fingers (of your right hand.)

From this point on, whenever you'd want her to start feeling extremely happy, you could just press her thumb in that same unique way, using those same two fingers of yours. And bam...she'd get flooded by the happiness emotion.

You can do the same with her other two emotions...and create two more (different) touch triggers.

Every emotional trigger has to be unique. That means, for each emotion, pick a different part of her body to touch or press. It can also be a different finger, or a different hand.

And voila! You now have access to three of her top emotions, literally at your fingertips!

What can you do with this kind of instant "pleasure triggers?"

Hmm...perhaps it would be easier to ask... *what can't you do* with it?!

## **The Addiction**

Think about it... what is an addiction, really?

People get addicted to something because of how that thing make them **feel**. That's it.

It's all about emotions. It's always about emotions because we humans are emotional creatures. Everything that we do in life is for one reason only: we do it because of how it makes us feel. Nothing more.

The only difference in this case is, you have full control of it. You are purposely creating addictions that *serve* you and your woman. Not the other way around.

So, in order to give her the emotional highs that she's craving, all you would have to do is activate her top three emotional "pleasure triggers" on a consistent basis.

And by doing that, you're not only going to get her to want you more and more, you will also make her feel incredible on a consistent basis.

This is why it's so important to start by first finding the *right* woman - by first creating a match that works wonderfully for both of you.

In fact, I'd highly recommend that you take this addiction process even further...

I'd recommend that you to create *your own* top three emotional triggers. And, start giving yourself those emotional highs on a consistent basis as well.

And, especially start triggering those emotional highs while you're around your woman. Then, take things up another notch. Start experiencing those emotional highs around each other as often as possible.

Become addicted to each other! And continue to learn about, and increase, the amount of pleasure you can give each other.

As I mentioned towards the beginning of this report, human beings are capable of experiencing a virtually unlimited amount of pleasure.

It's time for the two of you to find out just how much pleasure and happiness you can create in each other's lives.

I wish you an incredibly happy, satisfying, and fulfilling life.

Sincerely,

Derek Rake

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